

## Karnes City ISD- School Health Advisory Council Meeting- Minutes

March 22, 2023

KCISD Board Room- 4:00 pm

Present members and presenters- Allison Rudolph, Officer Kotara- SRO, per phone conference- Rita Jordan, Amanda Segura, Nurse Bluhm RN

### Agenda:

- 1) Health and safe school Environment- a) COVID update- Nurse Bluhm commented on testing at the blue building on a continual decline, moving out of the blue building and end testing when Pandemic is called to be over, possibly in May. b) Narcan presentation by Officer Kotara (HS SRO)- he and several other police officers attended an hour-long training on the use of Narcan Nasal spray, and each received Narcan supply to carry with them. Nurse Bluhm questioned about the usage at school, both looking in the school policies. It has been addressed with interim Superintendent. Officer Kotara did say that Narcan is very easy to obtain now as no cost. Nurse Bluhm discussed the Town Hall meeting last night at Otto Kaiser- presented by Golden Crescent Regional Recovery Initiative- “Meth, Heroin, & Fentanyl”. Rita was asked to share some information – a recovery facility through a grant will be opening in 2025 for adults, not adolescents in Victoria. Recovering addicts from 2 years to 20 years were at the meeting to talk about their journeys and that they are counselors now. Nurse Bluhm, also added to the conversation from the meeting that Dwayne Villanueva discussed Meth being the problem in Karnes County, only 2 fentanyl deaths in the County since last year. Narcan Nasal spray was discussed, and it was available at the meeting for anyone to take a box.
- 2) Senate bill 9 and presentation- Nurse Bluhm discussed the committee meeting that was held on different curriculums and having administration present to assist. Different curriculums- BASE (handout given), Play it Safe, and Love 146. During that meeting only video bits were available for Play it Safe, which were very descriptive. Lisa Moczygamba at the meeting did look into the legal/local school policies and did find that the school board

may have to adopt a resolution for SHAC to convene to look at curriculum and then bring recommendations to the board of which curriculum they recommend. Amanda Segura did say that whatever curriculum is used, Teachers can decide how they want to use it in the classroom. Rita did have information on curriculum from Hutto ISD. She also suggested and it was agreed upon, to check with each of the curriculum companies and get names of ISDs that are using it and contact those ISDs and see how it is working out. The size of a school district is important, need to see which is the right fit for our district.

Human trafficking- Amanda talked about posting signs out on campuses, Todd Espinoza is working on it.

3) Cafeteria news- no new updated

4) Staff/student/parent wellness activities: "It's Time Texas challenge was completed- from our small school district- 1<sup>st</sup> place was Stephanie Porter, HR; a tie for 2<sup>nd</sup>- Juliann Chesser (JH) and Jean Gonzales (RES). We defeated Kenedy ISD, we came in 9<sup>th</sup> place out of 65 small school districts.

RES- Weight Loss challenge ending last day of March.

5) Open discussion for other school health concerns- Nurse Bluhm discussed that the Stop the Bleed- skills class was done on March 10<sup>th</sup>. Karnes County EMS sent out 2 employees that demonstrated and then observed each employee perform the skills successfully. There will be a make-up class for those staff members that were not able to attend.

Also, 6<sup>th</sup> – 12<sup>th</sup> graders will need to view the Stop the Bleed video, not a requirement for the skills session, but would like to provide it for the students after all testing if possible.

Officer Kotara did comment that SROs are all trained in the Stop the Bleed- can assist with that training for staff and students. For CPR/First Aid, they are not instructors.

No others input. Next meeting- May 17<sup>th</sup>, 4:00 pm in the board room.

Meeting adjourned, 4:29 pm.